



SPHK:S Polardistans

Den naturliga utmaningen



10'th anniversary!

SPHK:s LONG DISTANCE COMPETITION March 8 - 12 th 2010

Welcome to a long distance competition over 160 and 300 km in nice environments, bare mountain regions and magnificent forests. Start and finish is at the camping ground in Särna in the middle of Sweden. The race is open for purebred Alaskan malamute, Greenland dogs, Samoyed and Siberian husky.

All participants have to carry all food and equipment necessary for themselves and the dogs to complete the race. There are no depots along the trail. On checkpoints there will be access to water and straw. Help from others during the race is not allowed.

The racetrack is on marked trails around Särna.

Distances och classes:		Payment latest	Starting fee	
160 KM	300 KM		160 km	300 km
Pulka style 1-4 dogs	Pulka style 1-4 dogs	2009-12-31	2 500 sek	3 500 sek
Nome style B, 6-8 dogs (4 dogs at finish)	Nome style B, 6 dogs (4 dogs at finish)	2010-03-01	3 500 sek	4 500 sek
Nome style C, 6-8 dogs (4 dogs at finish)	Nome style B, 8 -12dogs (6 dogs at finish)			
	Nome style C, 8-12 dogs (6 dogs at finish)			

Nome style B = Alaskan malamute, Greenland dog and Samoyed. **Nome style C** = Siberian husky.

Please visit our website www.polardistans.com for more information.

For questions about the race please contact the race marshals:

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SPHK Västra welcomes you to POLARDISTANS 2010

The natural challenge